

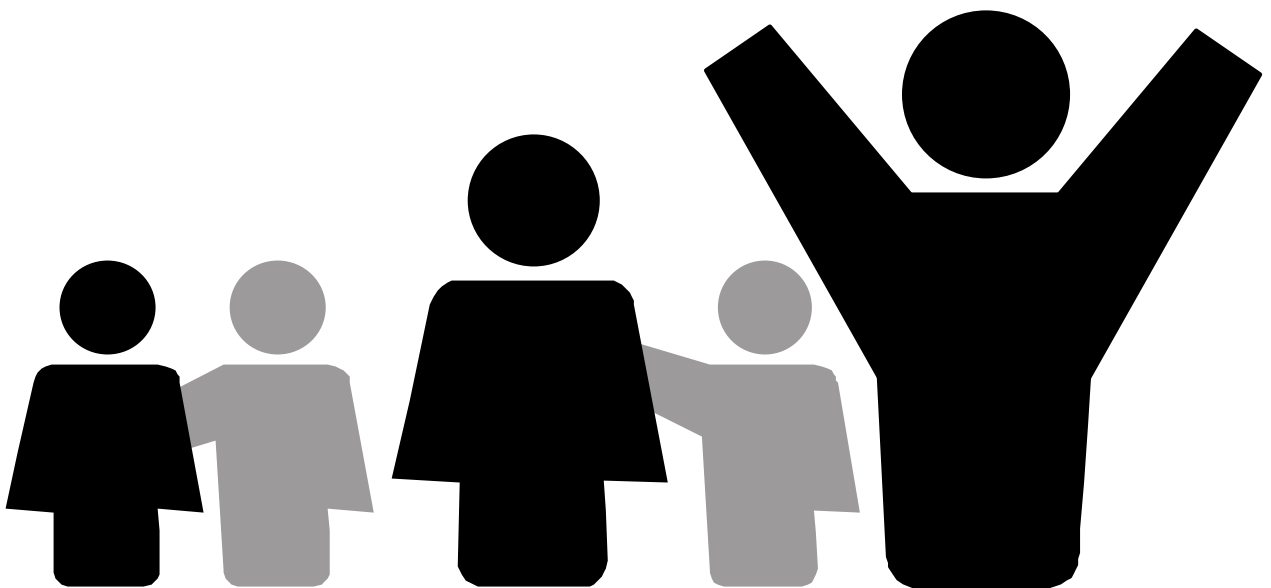
Supported by

**Leonard  
Cheshire  
Disability**

The  
Electoral  
Commission

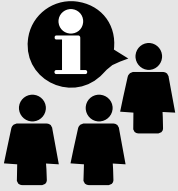
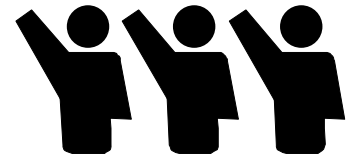
# The Citizenship Academy

*Engaging, enabling, empowering !*



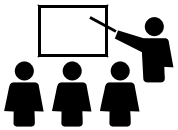
# Day 1

19<sup>th</sup> October  
What is active citizenship?



## 10.30am Welcome and introduction

We begin by welcoming everyone to the group over tea and coffee.



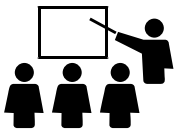
## 11am Training session:

We look at Disability Equality Training.

- *ask* 'what is disability?'
- *talk* about different ways of seeing disability



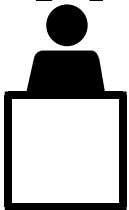
## 11.30am coffee break



- Continue looking at how we can challenge 'disability'?



## 12.30pm lunch break



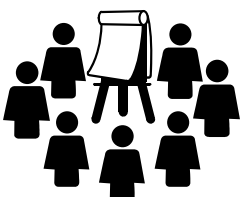
1.30pm **Talk:** Susan Archibald and Tressa Burke will talk to us about their experiences of active citizenship on a local and national level.



## 2.30pm coffee break

### Group session:

Looking at:



- *what* does it mean to be an active citizen
- *what* skills we need
- *why* be an active citizen
- *what* changes we would like to make!

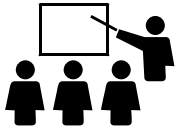


Feedback

3.30pm End of day

# Day 3

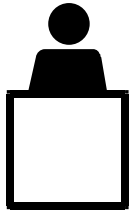
8<sup>th</sup> November  
Rights and responsibilities



10.30am - Attending the Glasgow Equalities Partnership meeting at the GCIL



1pm noon Lunch break



1.30pm Talk: Human Rights Consultant – Carole Ewart



2.30pm coffee break



**Group session:**  
In this session we will:

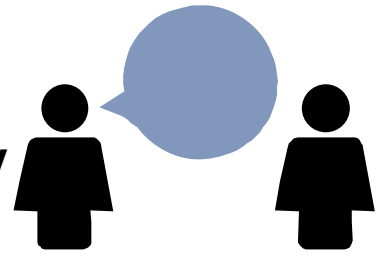
- *Look at case studies and discuss what human rights might mean for us*



3.30pm End of day

# Day 4

16<sup>th</sup> November  
Assertiveness and self advocacy



## 10.30 am Group session:

Assertiveness and self advocacy: training to help you get your voice heard.

We will look at:

- What is assertive and non assertive behaviour?
- Thinking about the effects of non assertive behaviour



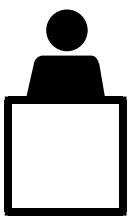
## 11.30am coffee break

Session continues looking at self advocacy. We will think about

- what it means to be an active citizens
- how to get your voice heard



## 12.30 noon Lunch break



**1.30pm Talk:** Sarah Mackie from the Electoral Commission will talk to us about the role of the commission and the voting system



## 2.30pm coffee break

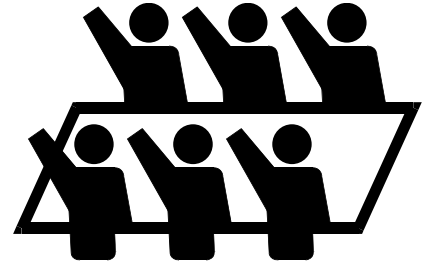
Chance to reflect on the day and discuss any questions.



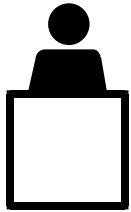
## 3.30pm End of day

# Day 2

1<sup>st</sup> November  
Working with the  
decision makers



## 10.30am Talk and workshop:



- Cara Slater from the Scottish Parliament will lead a workshop on the role of the parliament
- the issues Scotland makes laws on
- how to contact MSPs
- how to have your say in parliament



## 11.30am coffee break

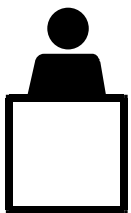


The workshop continues looking at the methods of engaging with the Scottish Parliament.

- Submitting a petition
- Joining a cross party group
- The role of committees



## 12.30 noon Lunch break



**1.30pm Talk:** Disability Equality Training looking at Human Rights



## 2.30pm coffee break

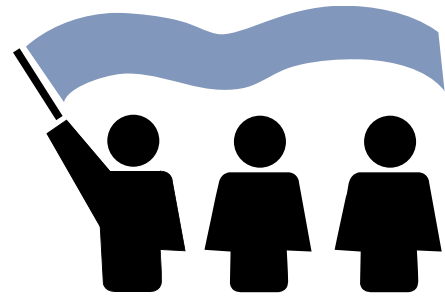
Question time and a look at the self study activity.



## 3.30pm End of day

# Day 5

22<sup>nd</sup> November  
Essential campaigning  
skills



Today is all about **campaigning**. We will

- look at different campaigns
- talk about why we campaign
- discuss the skills campaigners need



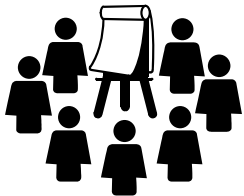
10.30am

**Group activity session –**

Looking at campaigns that you know of; what makes them work?



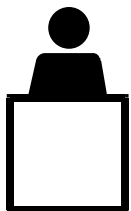
11.30am **coffee break**



Discuss essential campaigning skills, e.g. how to plan an effective campaign.



12.30 **Lunch break**



**1.30 Talk:** Carole Ewart will talk about the Human Rights Campaign and the Freedom of Information Campaign

Find out the key to successful campaigning.



2.30 **coffee break**

We continue to look at how to plan a campaign.



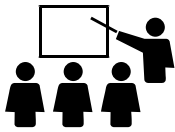
3.30 **End of day**

# Day 6

30<sup>th</sup> November  
Action day



## 10.30 am Group Session:



Today is ACTION DAY. Kate Chambers, a qualified life coach, will help run this session.

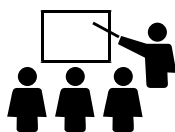


## 11.30am coffee break

Reminder of what you have learned so far. Look at any areas of the course that need more explanation or discussion.



## 12.30 noon Lunch break



## 1.30pm Group session:

- Look at personal goals
- What you would like to do next



## 2.30pm coffee break

Evaluations of how you have found the course. Time to go over our plans for the visit to the Scottish Parliament on Day 7.



## 3.30pm End of day

# Day 7

6<sup>th</sup> December  
Visit to the  
Parliament



The Scottish  
Parliament

**Change of venue:** Day 7 will be held in the Scottish Parliament building.



We sit in on First Ministers question time or watching parliamentary business in action.

Then a tour of the building followed by lunch.



1.30pm

